

This section lists all the studies that have taken part in analyses

Name	Country	Brief description	Timeframe	Participants	Fish	Legumes	Dietary patterns	Meat
Atherosclerosis Risk in Communities (ARIC)	US	Ethnically-representative men and women in 4 communities	1987-1989	15,792	✓	✓	✓	✓
Australian Diabetes, Obesity and Lifestyle Study (AusDiab)	Australia	All non-institutionalized adults >25 years of age residents in any of 42 randomly selected census collection districts in Australia	1999-2000	11,247	✓	✓	✓	✓
Australian Longitudinal Study on Women's Health - MidAge	Australia							✓
Australian Longitudinal Study on Women's Health - Young	Australia							✓
Brazilian Longitudinal Study of Adult Health (ELSA-Brasil)	Brazil	All active or retired employees of 6 institutions aged 35-74	2008-2010	15 105	✓	✓	✓	✓
China Health and Nutrition Survey (CHNS)	China							✓
China Kadoorie Biobank (CKB)	China	All adults aged 35–74 without major disability permanently resident and in each administrative unit (village or street committee) in 10 specific study areas (5 rural, 5 urban)	2004-2008	515,681	✓	✓		✓
Cohort of Swedish Men (COSM)	Sweden	All men born in 1918-1952 living in Västmanland and Örebro counties	1997	45,906	✓	✓	✓	✓
CoLaus	Switzerland	Caucasian men and women aged 35-75 years living in Lausanne	2003-2006	6188		✓	✓	✓

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Coronary Artery Risk Development in Young Adults Study (CARDIA)	US	Individuals 18-30 years old socially and ethnically-stratified to be representatives of 4 cities	1985-1986	5,100	✓	✓	✓	✓
ELSA	UK	Men and women aged ≥ 50 years drawn from the Health Survey for England	2006-2009	11050		✓		
EPIC-InterAct	Denmark, France, Germany, Italy, the Netherlands, Spain, Sweden, UK	A Case-cohort of all type 2 diabetes cases occurring in European Prospective Investigation into Cancer and Nutrition (EPIC) cohorts between 1991 and 2007 from 8 of the 10 EPIC countries and a subcohort of individuals randomly selected from those with available stored blood and buffy coat, stratified by centre.	1991-1998	12,403 (cases); 16,154 (subcohort)	✓	✓	✓	✓
Finnish Mobile Clinic Health Examination Survey	Finland	Men and women aged 30-59 from 12 cohorts of rural or semi urban dwellers or employees of a factory.	1966-1972	10,054	✓	✓		✓
Golestan study	Iran	Healthy 40-75 years old individuals (80% from rural areas) of Turkmen ethnicity living in Golestan	2004-2008	50,000	✓	✓		✓
Health Effects of Arsenic Longitudinal Study (HEALS)	Bangladesh							✓
Hoorn study	The Netherlands	All men and women aged 60-75 years born between 1914 and 1940 living in the town of Hoorn	1989-1991	2,484	✓	✓		✓
Isfahan Cohort Study (ICS)	Iran							✓

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Japan Public Health Center-based (JPHC)	Japan	Registered residents aged 40-69 years within 11 public health center areas nationwide	1990-1994	113,000	✓			
Japan Public Health Center-based Prospective Study on Cancer and Cardiovascular Diseases(JPHS)	Japan							✓
KoGES A&A	Republic of Korea	Men and women aged ≥ 40 years in national health examinee registry	2001-2002	10030		✓	✓	
KoGES CAVAS	Republic of Korea	Men and women aged ≥ 40 years in national health examinee registry	2005-2011	21715		✓	✓	
Million Veterans Programme (MVP)	US							✓
MTC	Mexico	Women working as public school teachers residing in a culturally, geographically and economically diverse 12-state area	2008	115315		✓	✓	✓
Multiethnic Cohort Study (MEC)	US						✓	✓
Multi-Ethnic Study of Atherosclerosis (MESA)	US	Ethically-stratified asymptomatic men and women aged 45-84	2000-2002	6,814	✓	✓	✓	✓
Norwegian Women and Cancer (NOWAC)	Norway	All women have been sampled randomly from the Norwegian Central Person Register	1991-1997	102,540	✓			
Nurses' Health Study I (NHS I)	US							✓
Nurses' Health Study II (NHS II)	US							✓
Nutrition and Health of Aging Population of China Study	China	Non-institutionalized individuals aged 50–70 from One rural county and two urban districts representing low, middle and upper socioeconomic levels in Beijing and Shanghai not diagnosed with cancer, coronary heart disease, stroke, Alzheimer's disease, dementia or any communicable disease	2005	3,533	✓			
Puerto Rico Heart Health Program (PRHHP)	Puerto Rico	Men aged 45-64 years representing the urban/rural composition of the island (approximately 70% urban and 30% rural)	1965-1968	8,793	✓	✓	✓	✓

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Shanghai Men Health Survey (SMHS)	China	Men aged 40-74 years in eight communities socially representatively of the general population of urban Shanghai.	2002-2006	61,480	✓			✓
Shanghai Women Health Survey (SWHS)	China	Women aged 40-70 years in seven communities socially representatively of the general population of urban Shanghai.	1997-2000	75,000	✓			✓
Singapore Chinese Health Study (SCHS)	Singapore							✓
Study of Health in Pomerania (SHIP)								✓
SUN	Spain	Men and women who are university graduates aged ≥ 20 years	1999-present	22057	✓	✓		✓
Swedish Mammography Cohort (SMC)	Sweden	All women living in Uppsala county born 1914-1948 and Västmanland County born 1917-1948	1987-1990	61,433	✓	✓	✓	✓
UK Biobank	UK							✓
Whitehall II	UK	all civil servants (men and women) aged 35–55 years working in the London offices of 20 Whitehall departments	1985-1988	10,308	✓	✓		✓
Women Health Initiative (WHI)	US	Postmenopausal women	1994-1998	93,676	✓	✓	✓	✓
Zutphen Elderly	Netherlands	Men aged 65-82 who had participated in the Seven Countries Study and a similar sample of all other men of the same age group who were also living in Zutphen	1985	1,266	✓	✓		✓